

# INSTRUCTOR INFORMATION

All Pikes Peak Athletics Instructors go through extensive onboarding training as well as ongoing, bi-weekly education.

In addition, we require our instructors to:

- Maintain a current American Red Cross CPR certification and attend an annual CPR refresh course (CPR certifications technically only have to be renewed every two years).
- Complete an annual abuse prevention training through USA Swimming's Safe Sport certification.
- Attend regular Emergency Action Plan preparation meetings.
- Attend our Annual Summer Camp preparation meeting.
- While not required, we encourage our instructors to acquire an American Red Cross Lifeguard certification – many of them hold this certification!